

Moviepass is no longer unlimited. But is it still a good deal for film buffs? 21

Is Giancarlo Stanton allergic to Yankee Stadium? 27





WELCOME TO METRO.US

KRISTIN TOUSSAINT, REPORTER

On the first actually warm day this spring, I joined Constansa Torrejon-Reyes in the pilothouse of an NYC Ferry. As she steered the 150-passenger vessel (which was packed, especially on the upper deck, thanks to the 70 degree weather) up the East River, I heard about her path to becoming a captain. She's always wanted to be on the water, but she never really saw female ship captains growing up. Now, she notices that little kids riding the ferry get excited when they see her at the helm. Torrejon-Reyes is part of a change — paving the way, she hopes, for other women to become captains, too. Read more about her story inside on page 6 and at **metro.us**.

TRUMP: DANIELS SKETCH IS OF 'NONEXISTENT MAN'

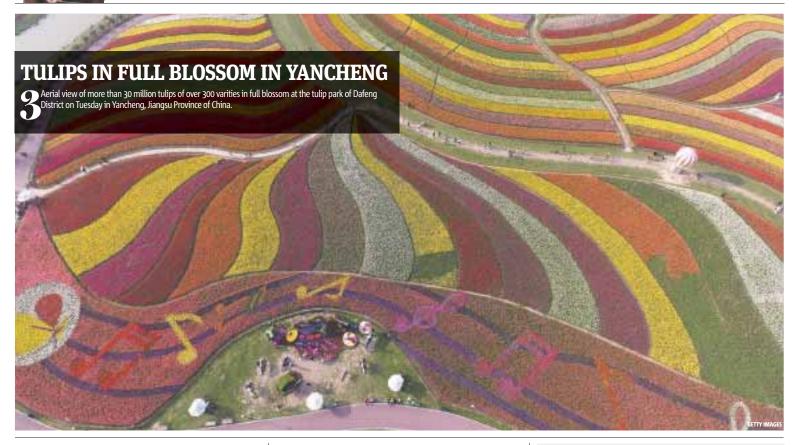
President Donald Trump on Wednesday said a man portrayed in a sketch released by porn star Stormy Daniels, who she said warned her to stop discussing her claims of a sexual encounter with Trump, does not exist. In response, Daniels' attorney Michael Avenatti said his client would likely update a lawsuit she has filed against the president to include a charge of defamation. Daniels, whose legal name is Stephanie Clifford, says she had sex with Trump in 2006. She is fighting a 2016 nondisclosure agreement arranged by Trump's personal attorney, Michael Cohen, in which

she was paid \$130,000 to keep silent. Trump's lawyers are seeking at least \$20 million in damages from Daniels for violations of the nondisclosure agreement. On Tuesday, she and Avenatti released a sketch of a man whom she said had threatened her in 2011, and they offered a \$100,000 reward for information leading to his identification. Avenatti announced on Wednesday the reward had been increased to \$131,000. The picture they released showed a man with facial stubble and a chiseled jaw, wearing a hoodie. Daniels described him in an interview with ABC as "sort of handsome."

NY AG WANTS POWER TO BYPASS TRUMP PARDONS

New York's attorney general on Wednesday asked Gov. Andrew Cuomo and state legislators to give him and other local prosecutors power to bring criminal charges against people pardoned by U.S. President Donald Trump. In a letter, Attorney General Eric Schneiderman urged Cuomo and legislative leaders to close a loophole in New York's double jeopardy law shielding recipients of presidential pardons from state prosecution. A change could make it more difficult for Trump aides and others who might be pardoned to escape criminal prosecution, even if special counsel Robert

Mueller's probe into possible Russian interference in the 2016 presidential election were curbed or shut down. The president has no constitutional power to pardon state crimes, but Schneiderman said the current law means defendants pardoned for serious federal crimes could be freed from "all accountability" under state criminal law. Schneiderman, in his eighth year as attorney general, has made his office a central figure in blue state challenges to Trump, tangling with the Republican president on such matters as consumer finance, the environment, immigration and the 2020 census.



GOV CUOMO TO ALLOW 35,000 FELONS TO VOTE

New York state plans to restore voting rights to about 35,000 New York felons on parole who previously were barred from casting a ballot until they completed their parole, Gov. Andrew Cuomo said on Wednesday. Cuomo will issue an executive order to restore voting rights to those felons already on parole as well as those who enter the parole system each month, a spokesman said. Most convicted felons in the United States face hurdles and roadblocks to voting, which vary by state. Two states, Maine and Vermont, have no felony disenfranchisement laws and even allow felons to

vote while in prison, said Morgan McLeod, spokeswoman for The Sentencing Project, a non-profit advocacy group for criminal justice reform. Four states — Florida, Kentucky, Iowa and Virginia — ban felons from voting for life, unless their rights are restored by their governor, as Cuomo has vowed to do, said Marc Mauer, executive director of The Sentencing Project. "They work, pay taxes, and support their families, and they should be permitted to express their opinions about the choices facing their communities through their votes, just as all citizens do," Cuomo said in a statement.

WHITE HOUSE PRESSES DEMS TO BACK POMPEO

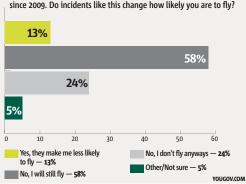
The White House cranked up pressure on Wednesday on Democratic senators facing tough re-election fights to back secretary of state nominee Mike Pompeo, who looked increasingly likely to face a rare committee rejection before the full Senate can vote on his nomination. President Donald Trump confirmed the CIA director is already involved in diplomacy via a meeting with North Korean Leader Kim Jong Un. But even if he is confirmed, Pompeo risked becoming the first secretary of state known to take office without the approval of the Senate Foreign Relations Committee, Pompeo

needs Democratic votes to gain approval from the panel where one Republican, Sen. Rand Paul, has pledged to oppose him. Paul was the only one of Trump's fellow Republicans to vote against Pompeo's nomination to be CIA director. The committee includes 11 Republicans and 10 Democrats. Nine of the 10 Democrats have announced they oppose Pompeo. The 10th, Sen. Chris Coons, is undecided. Like many Democrats, Paul said Pompeo is too hawkish to be the country's top diplomat. He also criticized him for supporting the CIA's past use of interrogation techniques widely considered torture.

STATS

SOUTHWEST AIRLINES

One person died on a Southwest Airlines flight after an engine came apart mid-air, the first passenger death on a U.S. commercial flight since 2009. Do incidents like this change how likely you are to fly?



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NTSB: Southwest engine explosion began when fan blade broke

An NTSB inspection crew was combing over the Boeing 737 for signs of what caused the engine to explode.

Federal air safety officials investigating why the engine of a Southwest Airlines jet blew apart, killing a passenger after shattering a plane window, said on Wednesday that the incident began when a fan blade already suffering metal fatigue snapped off in mid-flight.

National Transportation Safety Board Chairman Robert Sumwalt told a news conference that he could not yet say if the incident, the first deadly airline accident in the United States since 2009, pointed to a fleet-wide issue in the Boeing 737-700.

"We want to very carefully understand what was the result of this problem, and as I mentioned a few minutes ago, I'm very concerned about this particular event," Sumwalt said at the news conference at the Philadelphia airport. Bank executive Jennifer Riordan, 43, was killed when she was partially pulled through a shattered window next to her seat in row 14 as the cabin suffered rapid decompression.

Southwest crews were inspecting similar engines the airline had in service, focusing on the 400 to 600 oldest of the CFM56 engines, made by a partnership of France's Safran and General Electric, ac-

"We want to very carefully understand what was the result of this problem."

Robert Sumwalt

cording to a person with knowledge of the situation. It was the second time that style of engine had failed on a Southwest jet in the past two years, prompting airlines around the world to step up inspections.

Sumwalt said the fan after suffering blade, metal fatigue where it attached to the engine hub, suffered a second fracture about halfway along its length. Pieces of the plane were found in rural Pennsylvania by investigators who tracked them on radar. The metal fatigue would not have been observable by looking at the engine from the outside, Sumwalt said. REUTERS

Everything you need to know about the Southwest pilot, Tammie Jo Shults

The Southwest Airlines pilot who landed a plane with a blown engine on Tuesday has been credited for her bravery during the mile-high crisis. Passengers who endured the harrowing ordeal have named the pilot, who is reportedly one of the first female fighter pilots in the U.S. military, and described her as cool, calm and collected during the emergency landing in Philadelphia.

Now, Tammie Jo Shults is being credited as the Southwest pilot who landed the Boeing 737 after the jet blew its engine. "The pilot

"The pilot
Tammy Jo was
so amazing!
She landed
us safely in
Philly," said
passenger
Amanda
Bourman on
Instagram.

She checked on passengers

After the Southwest plane made an emergency landing, Shults walked through the aisle to check on passengers and ensure their safety.

She has a military past Shults was one of the first female fighter pilots in the U.S. military, friends and MidAmerica Nazarene University alumni told CBS News.

She never panicked

In air traffic control recordings,
Shults is heard
"slowly and
calmly" saying
that "part of the
aircraft is missing." The conversation happened
as the plane was
plummeting toward its emergency landing
in Philly.

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NYC Ferry buoys female captains

Worldwide, women aren't well represented in the maritime workforce, but at NYC Ferry, women get unique opportunities to be trained as ship captains.



Constansa Torrejon-Reyes is pretty sure she has the best office view in New York City.

Her desk is the helm of a NYC Ferry. On the first truly warm day this spring, she looked out over the controls at the sun glinting off the East River; behind her, a deck full of passengers enjoyed the 70-degree weather, ready to get off at stops along the waterfront from Pier 11 to East 34th Street.

"Seeing the skyline never gets old," said, adding that her workday view is even better at sunset.

As a 25-year-old female captain, Torrejon-Reyes is a bit of an outlier. Women make up an estimated 2 percent of the world's maritime workforce, according to the International Transport Workers' Federation, and in the United States, less than 8 percent of all ship and boat captains and operators.

But within NYC Ferry, the network of ferry routes operated by Hornblower Cruises, women are nearly 40 percent of

Women make up an

estimated 2 percent of

the world's maritime

workforce.

the maritime workforce.

"I never really saw a female captain until I got here," Torrejon-Reyes said. Originally from Chile, she came to the U.S. for her education she attended SUNY Maritime College in the Bronx - and for an opportunity on the water.

as a diver, a mate and the operator of a fish-

In the United States, less

than 8 percent of all ship

and boat captains and

operators are women.

She grew up in Coquimbo, a port city in Chile, and so constantly saw boats and big ships. Her siblings are involved with the water, as well

thing

took the opportunity. 2% 8%

teach her was crucial - not just to Torrejon-Reyes's own career, but to NYC Ferry's success overall. Multiple new routes in the works means more captains needed, and they're willing to provide that opportunity for upward mobility. NYC Ferry officials expect even more female captains as the service grows.

Torrejon-Reyes

ing boat — but she never saw female captains in Chile.

'My mom never thought I'd be [pi-loting] boats, she never thought I'd be a captain," she said. "In my case, it's a cultural thing. People don't expect women to be captains. My family expected me to be a nurse or a teacher.

It wasn't exactly some Torrejon-Reyes planned for either, but when NYC Ferry offered to train and promote up from a deckhand, she

tunity overall in New York City, said Deputy Mayor Alicia Glen. That willingness to "As women continue breaking barriers and shaping New York City's economy, I take my hat off to Captain Torrejon-Reyes as she sets a leadership example for all New Yorkers," she said in an email. "This young woman embodies what hard work and opportunity means in our city."

Torrejon-Reyes hopes more women will be able

also a sign of the oppor-

Ferry captain Constansa Torrejon-Reyes started as a deckhand. BESS ADLER

to see themselves at the helm of a ship, particularly at places like NYC Ferry. There are now options, she said, for women who don't want to spend days or months at sea - a lifestyle that makes it hard to have a family, or enjoy being a young woman in the city, and a reasons men have dominated the field.

"I get to go home every day and have a normal life, but I also pilot a boat at the same time," she said. "It's the best of both worlds.



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The Women's Fund will boost theater and film projects by, for and about women, JOAN MARCU

NYC launches fund to help with women's film and theater projects

The Women's Fund, out of the Mayor's Office of Media and

Entertainment, aims to fund content projects by, for and about women.



New York City wants to see more women on screen — and behind the camera.

Mayor Bill de Blasio announced on Wednesday that the city is launching a \$5 million fund to support film and theater projects that are "by, for or about women."

The effort is spearheaded by the Mayor's Office of Media and Entertainment, led by Commissioner Julie Menin, and the Deputy Mayor for Housing and Economic Development

Called the Women's Fund, the \$5 million will be distributed through grants to organizations that create film, television, digital, theatrical and other forms of media here that share the voices and perspectives of women.

This initiative will not only make women's stories more visible, but aims to boost women's careers in these fields, officials said.

"We see discrimination women face in the media and entertainment industries every day, and we say enough is enough," Glen said in a statement. "As we fight discrimination, we must ensure women are in front of and behind the camera. More than that, we intend to harness the power and talent of New York women to start businesses, grow jobs and industries — including the media industry."

Women's Fund grants will go toward funding the late stages of film and theater projects. Grants will award up to \$50,000 based on the

project category. Applicants will compete in several categories for awards, the city said, including short-and long-form fiction and nonfiction film and theatrical productions. Those winning projects may air on NYC Media, the official television network and media production group of the City of New York.

"As the Me Too and Times Up movements

have made clear, we need to do more to empower women to take leadership roles in film, television and theater and all media," Menin said in a statement. "This fund is a huge step in the right direction and reflects this administration's commitment to fairness and inclusion. It's time for women to get equal representation on screen and behind the scenes."

To be eligible for a grant, the content must be "Made in NY," with at least 75 percent of production activity taking place throughout the five boroughs. The project must also be duced by, for or about women, include a meaningful female production or writing credit, or include a female protagonist," the city said. The Women's Fund will support up to 100 total projects.

"We see discrimination women face in the media and entertainment industries every day, and we say enough is enough."



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1 bedroom		\$929	10	→	1 person	\$33,806 - \$43,860
					2 people	\$33,806 - \$50,100
2 bedroom		\$1,121	19	→	2 people	\$40,423 - \$50,100
					3 people	\$40,423 - \$56,340
					4 people	\$40,423 - \$62,580

- ¹ Rent includes gas for cooking and water.
- ² Household size includes everyone who will live with you, including parents and children. Subject to occupancy criteria.
- ³ Household earnings includes salary, hourly wages, tips, Social Security, child support, and other income. Income guidelines subject to change.
- ⁴ Minimum income listed may not apply to applicants with Section 8 or other qualifying rental subsidies. Asset limits also apply.

How Do You Apply?

Apply online or through mail. To apply online, please go to nyc.gov/housingconnect. To request an application <u>by mail, send a self-addressed envelope to</u>: 105 S. 5th Street, P.O Box 810, 135 S. Black Horse Pike, Williamstown, NJ 08094. Only send one application per development. Do not submit duplicate applications. Do not apply online and also send in a paper application. Applicants who submit more than one application may be disqualified.

When is the Deadline?

Applications must be postmarked or submitted online no later than <u>June 22, 2018</u>. Late applications will not be considered.

What Happens After You Submit an Application?

After the deadline, applications are selected for review through a lottery process. If yours is selected and you appear to qualify, you will be invited to an interview to continue the process of determining your eligibility. Interviews are usually scheduled from 2 to 10 months after the application deadline. You will be asked to bring documents that verify your household size, identity of members of your household, and your household income.

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THURSDAY, APRIL 19, 2018

Upper West Side nanny convicted in stabbing deaths of two young children

Prosecutors said her attack was prompted by anger at being asked to work too hard.

found guilty on Wednesday of stabbing to death two children in her care at their luxury Manhattan apartment, in a case that drew national head-

A jury unanimously

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rejected the insanity defense of Yoselyn Ortega, 55, whose lawyer said she hallucinated a devil's order "to kill the children and herself" when she plunged a kitchen knife into Lucia Krim, 6, nicknamed Lulu, and her

brother Leo, 2, and left their bloody bodies in a bathtub.

The Oct. 25, 2012 killings were discovered when Marina Krim returned to the family's Upper West Side apartment to find her children

standing over them stabbing her own neck with a knife. Krim had come home with the children's 3-year-old sister, Nessie, after Ortega failed to show up at Lulu's dance class.

Ortega was charged with two counts each of first- and second-degree murder, punishable by a maximum sentence of life in prison.

"We hope now that this verdict will give the Krim family

an opportu-

nity to heal,

to find some closure and

on in their lives," Man-

hattan Dis-

trict Attor-

reporters

following

the verdict,

as a teary-

eyed Kevin

children's

father, stood

Krim,

nev Vance told

move

Cyrus

the

"We hope now that this verdict will give the Krim family an opportunity to heal, to find some closure and to move on in their lives."

Manhattan District Attorney Cyrus Vance

beside him. Krim declined to take questions.

Insanity defenses rarely succeed in New York, where proving mental illness is not enough to find a defendant not responsible for a crime. Defense attorneys must demonstrate that the suspect could not understand the consequences of his or

Only six people were cleared of criminal charges due to insanity out of 5,111 murder cases tried between 2007 and 2016 in New York, according to Janine Kava, spokeswoman for the state Division of Criminal Justice Services. The state does not track how often the defense is raised, she said.

During the trial at state Supreme Court in Manhattan, Ortega's law-

yers argued she was too psychotic to comprehend what was doing.

But prosecutors said the evidence showed she had thought through her actions and thus understood consequences, including grabbing Leo from behind and slitting his neck so he would not fight

back as his sister had. Ortega's attack was prompted by her anger at being asked to work too hard, prosecutors said. Ortega, who had brought her 17-year-old son from the Dominican Republic and enrolled him in a private school, was overwhelmed by financial concerns, they said. REUTERS





On Wednesday, a jury unanimously rejected the insanity defense of Yoselyn Ortega. GETTY IMAGES

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Soon-to-be FIT grads vie for spot on school's coveted runway

Before they make it to FIT's annual professionally produced runway show, the "Future of Fashion," they need to survive Judging Day.



Doing a senior thesis is daunting for any college student, but for soon-tobe graduates of Fashion Institute of Technology's fashion design program, it literally comes

down to judgment day. OK, it's technically called Judging Day, and students work all year with industry mentors like Zac Posen and Flora Backer, who are called

"Critics," to show their collections to a panel of judges in order to land a spot at FIT's coveted "Future of Fashion" runway show on May 3.

Judging Day takes place Thursday, and this year's judges are Ken Downing, senior vice president and fashion director of Neiman Marcus; Nikki Ogunnaike, fashion features director of elle.com; fashion writer Emilia Petrarca of The Cut; stylist and Emmy-nominated costume designer Kemal Harris; and Nicole Phelps, director of Vogue Runway.

Metro chatted with three FIT students who hope to see their collections on the runway next month - and beyond. One, Laurin Cabralissa, actually landed a spot already as she was named a Critic Award Winner on Tuesday.

NORISSA WHITE-ISSACS, INTIMATE APPAREL

The 22-year-old Queens native's collection focuses on body positivity.

Favorite designer: "I do not really have a favorite, but I do really admire Dolce & Gabbana. I love their aesthetic and see the romantic and baroque architecture inspiration in their designs."

On body positivity: "



chose to specialize in Intimate Apparel because it is the most body conscious. Being a curvy woman, I see a huge lack of attractive lingerie in bigger sizes. My collection is meant to be worn on any woman, regardless of age, race or size. As a woman of color, it is so had to find a nude bra and panty set that matches my skin tone?

On Judging Day: "I am thrilled to showcase my designs to industry professionals and judges. I am going into judging day with a positive attitude, I am happy no matter what happens."

GRACE MCCARTY, SPORTSWEAR

The 21-year-old Atlanta nátive turned to fashion after a focus on visual arts.

Favorite designer: "A designer I admire is Stella McCartney. I love how creative her collections can be with silhouette and with specific details while being sustain-

On sustainability: "My goal was to use natural fab-



rics for the majority of my collection, the largest source being wool. The leftover fabric from my first two looks is going to make up the third look entirely.

On Judging Day: "No matter the outcome of judging day, I have learned so much about myself as a designer. I am grateful for the opportunity to present my work in the Great Hall, and I am proud of what I have accomplished."

In five years: " hope to be a designer at a company where collaboration, exploration, sustainability and ethics are important."



LAURIN CABRALISSA, SPECIAL OCCASION

The 35-year-old Massachusetts native pursued fashion at 30 after a career in pharmaceutical sales. "Something was just missing from my life," she said. "I was an artist. I longed to create things. I was obsessed with fashion."

On making that switch: "The adjustment to the workload. It is an extreme amount of work, never-ending, really, and pulling all-nighters at my age isn't as easy as when I was 19. I have definitely felt the difference in my age when talking to my peers. I like to think it's keeping me young.

Favorite designer: "That's tough. I love Miuccia Prada, but there are so many designers that I'm inspired by."

My collection ... "is inspired by nature, but has an urban feel to it."



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Who is Keith Schiller and why does he know 'where all the bodies are buried'?

In its latest campaignfinance filings, the Trump campaign disclosed that it paid the law firm representing Keith Schiller more than \$66,000. The amount raised eyebrows. Schiller has before.

Who is Keith Schiller? Donald Trump's longtime bodyguard, Keith Schiller followed Trump to the White House as the Director

of Oval Office Operations. He worked in that position from January to September 2017, when he resigned to join the private sector — but not before taking on an occasional starring role in

Trump drama.

Last November, Schiller, now 59, told Congress that when Trump visited Moscow in 2013, Schiller was approached by a man who offered to send five women up to Trump's hotel suite. Schiller said he declined the offer, saying, "We don't do that type of stuff."

Keith Schiller before the White House

Before the White House, Schiller had worked as Trump's personal bodyguard since 1999. He joined the Trump Organization after years as a patrol officer in the NYPD, where, he said, he worked extensively on drug crime. He has been by Trump's side throughout countless deals, "The Apprentice," bankruptcies, his emergence into politics and the presidential campaign. The Daily Beast reported that Schiller even opened the door for Stormy Daniels when she arrived for her sexual encounter with the future president. Former "Playboy" model Karen McDougal also said she met Schiller during her own affair with Trump. Former campaign

manager Corey Lewandowski

said that if he

reach Trump,

wanted to

he called

"There is no doubt that Keith Schiller knows where all the bodies are buried. Next to Michael Cohen, if Mr. Schiller ever turns state's evidence, the impact on the president would be catastrophic," said Michael Avenatti, the lawyer for Stormy Daniels. "He's knee-deep in all of this."





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Why Are So Many Knee Ar Newest Medical Proced

New York Doc's Merge Best of High Te

Fraction of the cost, less medical risk, little to no downtime and ofte Hundreds of worst arthritis sufferers from tri-state area

By Matt Edgar

America's Health Writer

New York City - Everyone has said it at one time or another. If I had only known about "this" sooner - things would be very different today.

That's what many knee arthritis pain sufferers are saying about this technology and treatment.

"We all know that countless lives are being saved every year because of early detection and better treatment" noted one of the doc's at NYC Pain MD in New York City. "The same holds true for treating arthritis pain. I believe we are having so much success at NYC Pain MD because of two factors: One is we are using advanced medical technology and treatments many clinics do not use. And second, the word has spread to our community and so many knee arthritis sufferers are coming in sooner. And the earlier we can treat knee arthritis - the better the results. The key to trying to avoid or at the very least delay knee replacement surgery is doing the correct treatment as soon as possible".

What is the "correct treatment?"

"That depends," noted the doc. "There is no one answer when it comes to medical conditions. Knee arthritis is no different. That's why, if you have knee pain, you should have it evaluated by a doctor who deals with and treats knee pain every day," he added.

For many knee arthritis pain sufferers the right treatment is Viscosupplementation whereby an FDA-approved preparation of Hyaluronic acid - a gel-like medicine is - applied ultra-precisely and virtually painlessly into the knee joint using *Precision Arthritis Targeting Technology*.

Hyaluronic acid is the natural lubricant and shock absorber of your joints and is found to be decreased in arthritis sufferers. This is similar to running your without oil. Obviously, the sooner you put oil back in the car - the less damage will be done. That's why some doctors feel early viscosusupplementation gets the best results and is so important when trying to avoid surgery.

The director of treatment believes one of the most important factors for the success of viscosupplementation is making sure you are getting it into the joint space precisely. That's why the doctors at *NYC Pain MD* use advanced imaging technology to apply *Precision Arthritis Targeting* during every treatment.

A device called the "C-Arm" allows the doctor to see into the joint and actually watch the medicine be applied exactly where it is supposed to.go. Research shows that performing procedures without Precision Arthritis Targeting (P.A.T.T.) can result in missing the joint space as much as 30% of the time. If you had viscosupplementation treatments without Presision Arthritis Targeting Technology and did not get good results - this may be why.



Can This Be Avoided? Total knee replacement is serious surgery requiring months of rehabilitation. Some doctors think modern treatments done early enough can keep baby boomers from going under the knife



Normal Pain-Free Knee Joint

Everyone Wants Proof:

In the artist simulated drawings, picture #1 is a normal, pain-free knee. There is no arthritis and the knee can move and bend freely without pain.



Knee With Painful Arthritis

Pain

Illustration shown is a knee joint with painful xosteo-arthritis. Arthritis causes the joint space to decrease, grinding, stiffness, decreased motion, bone spurs, swelling and a lot of pain.



Research Shows Doctors Miss The Joint Space Up To 30% Of The Time Without Advanced Imaging

Failed Treatment -

The injection (Lubrication medicine) misses the joint space. Research shows this occurs up to 30% of the time without the use of the digital imaging to guide the injection. This is why lubrication medicine may not have worked for you



Lubrication Medicine Injected Directly Into Knee Join Like "Joint Oil" using Precision Targeting Technology Successful Treatment -

Successful Treatment - Lubrication Medicine (blue) being precisely injected directly into the knee joint using digital imaging. Advance imaging allows treatments to be as precise as possible. Lubrication medicine can lubricate the joint and decrease pain.

thritis Sufferers Choosing lures Before Surgery?

ch Medicine And All Natural Treatments

n covered by insurance amongst top reasons for high patient demand...
a call weekly to find out if treatment may be right for them

If you qualify for this treatment, it might be one of the happiest days of your life.

That's because thousands of knee pain sufferers have flocked to the *NYC Pain MD* New York City for their brand of treatment

Viscosupplementation is unique because - even-though it is manufactured by a pharmaceutical company, it is NOT considered a drug because it is a natural substance with an incredible story.

Why So Many Want It

You see, when you suffer with arthritis - the lubricating fluid (synovial fluid technically) in your knee joint dries up.

This means instead of gliding smoothly - your bones start to rub and grind against each other.

This causes a little pain in the beginning - but over time the pain steadily gets worse until it can be excruciating.

Like "Joint Oil"

Viscosupplementation works so well because it is like 'joint oil." It is a natural substance that contains one of the natural building blocks of the synovial fluid that lubricates your knee.

Scientists and researchers discovered this natural building block to synovial fluid in the rooster's comb - that big red thing on top of the roosters head. It is extracted from the roosters comb, purified and concentrated. They have also developed medical lubricants that are also natural but made a bit like yogurt and "cultured" into highly effective arthritis pain-fighting medical lubricants.

But...when introduced directly into your knee joint, it is like squirting oil on a rusty door hinge.

Viscosupplementation allows your joints to glide more smoothly eliminating a lot of the rubbing, grinding and pain.

Can Supplements Do The Same Thing?

No. Glucosamine and chondroitin and other supplements are much different. You can only get viscosupplementation from a doctor and it often helps knee pain sufferers who got limited or no success from glucosamine and chondroitin. Beware of unsubstantiated claims made by supplements to do what this advanced medical procedure does.

Why You Should Try This Even If You've Already Had Similar Treatments Without Results...

"We have been able to help so many knee pain sufferers even many who have already tried other treatments like Synvisc, Supartz, Orthovisc and even Hyalgan. This is because our treating doctors always use "Precision Arthritis Targeting Technology". This allows us to place he Viscosupplementation exactly where is needs to be. Studies show doctors doing joint injections without Technology can miss the joint up to 30% of the time."



Advanced Medical Technology Can Make All The Difference: This advanced Precision Arthritis Targeting Technology using fluorososcopic imaging allows doctors to see directly into the knee joint so treatments are precise and the FDA approved lubricating medicine actually goes EXACTLY where it is supposed to. Studies show that procedures done without this technology can miss the joint up to 30% of the time. This is one reason Viscosupplementation may not have worked for you in the past. NY Pain MD used this P.A.T. Imaging Technology with each and every treatment.

"NYC Pain MD is a state of the art medical facility offering the best technology"

And that's not all ...

"Every case is individual. Some patients get quite a bit of relief right away - others take a little more time. But most have been extremely happy. We've noted results lasting no less than 6 months for many but up to 2 years or more for some patients.. Patients who were suffering for years with bad knee pain are getting their lives back... going for walks again and exercising. It's amazing to see. They tell all their friends-that's why we are swarmed. After getting treatment and feeling better, many patients have decided to cancel their total knee replacement surgeries." added one of the clinic's doctors.

How To Find Out If It Can Help You?

If you have knee pain, the *NYC Pain MD* doctors would like to see if you do qualify for a No-Cost, No-obligation screening to see if you may be candidate for their treatments using *Precision Arthritis Targeting Technology*.

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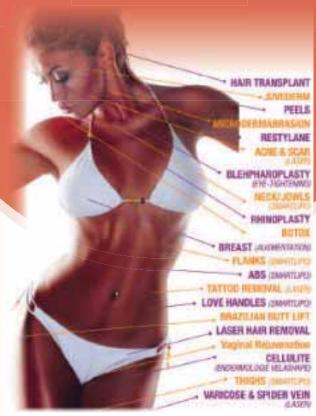
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This man wrote a book about every man's nightmare: A broken penis

"We were basically

approaching the finish line ... and I came out,

and when I went to go

back in, she was pushing back, and basically, it just

popped," he said, referring

to his penis. "I knew right

away that something was

wrong, and I went straight

into emergency protocol,'

the comedian wrote in

his new book, Broken Ba-

nanah: A (Painfully) True

Story. "I breathed in the

pain for a couple of beats,

rolled over, flipped on the

the medical staff con-

Once at the hospital,

lights and called 911."

Comedian provides painful detail on a bedroom experience gone wrong.



Ross Asdourian's night was going well. He met an old friend at a bar and they eventually made their way back to his East Village apartment. They were in the midst of a rendezvous when something bad - no, really, really bad — happened.



What is a broken penis?

The idea of a broken penis is a bit of a misnomer. Penises don't have a bone insert joke

here — but it's the easiest way to explain the actual name of what he was experiencing: a corpus cavernosa rupture. "'Penile fracture' is a common term, but when people hear penile fracture, they think of a bone in the penis, and there's no bone in the penis, I can assure you. It's more of a rupture," Dr. Jack Mydlo, professor and chair of urologic surgery at Temple University, told

The corpus cavernosum is the name for the pair of sponge-like tissues that, along with the corpus spongiosum, make up a man's member. When a man gets aroused, a rush of blood fills up the tissues to create an erection. But if there's too much pressure, the tunica albuginea (or fibral envelope) tears, causing a broken penis. Most broken penis cases happen on only one

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Rest easy, guys: A broken penis isn't exactly an everyday occurrence, but it does happen. ALL PHOTOS ISTOCK

side, but sometimes both sides rupture. That points to a more serious problem with possible lasting consequences, which unfortunately Asdourian had.

'[T]he first big test [at the hospital] was to see if I could pee in a jug — and I couldn't," the comedian said. "And if you can't pee, then there's a ticking time bomb on what they're going to do." His broken penis also led to a "complete disruption of the urethra," his primary surgeon, Dr. Rajveer Purohit, director of reconstructive urology at Mount Sinai Hospital in New York, told ĈNN.

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"...basically, it just popped."

Ross Asdourian

it easy to penis? broken Rest easy, guys: A bro-ken penis isn't exactly an everyday occurrence, but it does happen. More than 1,300 cases of penile fracture have shown up in medical literature since 1935. It typically happens during sex when a man thrusts against areas outside the genitals (like the pubic bone or perineum), or 1,300

More than 1.300 cases of penile fracture have shown up in medical literature since 1935.

when a woman is on top. "In other countries particularly in the Middle East ... people try to lose their erection because they're socially embarrassed about it," Purohit said. When they try to do so with force, it can cause a fracture.

Was Asdourian able to unbreak his penis? Luckily, yes. He was able to urinate on his own after three months, according to Purohit, and preserved his erections, so he's doing well with that, and his urine flow is completely normal so basically, he had no negative outcomes.

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Clifton Collins Jr. talks 'Westworld' season 2, fanboying over Ed Harris

The bromance is real between Lawrence and the Man in Black.



The hosts are ready to take over the park when "Westworld" returns for season two on Sunday.

Clifton Collins the man behind the android Lawrence, is just as pumped as the fans to see the show back on HBO. Although the actor couldn't spill too much about the new season, he's excited to see Lawrence continue his journey of self-discovery, a situation that the rests of the hosts-and even humans-also find themselves in.

"There's an overall coming of conscious-ness, which I think is really important. It's part of the theme," Collins tells Metro. "It's very relevant to the issues that are happening today too with people awakening to what's really happening. Great art reflects our social times.'

Collins believes that the show parallels America's political climate in a lot of ways, particularly when it comes to the lack of empathy many well-todo people have towards their struggling neighbors, and the danger of living in a system that lacks "checks and balances."

"Westworld" season two

debuts on Sunday at

ALL PHOTOS BY JOHN P. JOH

9 p.m. on HBO.

"When people have unchecked power, there are some really banana things that end up happening, in our country in particular," Collins says. "It's unbelievable. I don't even know what to say. I have more clarity in the confusion of 'Westworld' than I do in what's happening within our own country at this moment."

While "Westworld" seems to mirror the real world in several terrifying ways, Collins admits that the show does reflect some of the positive changes that are happening in society, especially when it comes to efforts to celebrate diversity. The actor praises the producers and showrunners for their willingness to cast talent from such a wide range of cultures and backgrounds, an issue that's close to his heart.

Don't mess with

ous films opposite John

homage to his grandfa-

ther on "Westworld" by

wearing the same gun

belt Gonzalez Gonzalez

wore in the 1959 West-

Danny Trejo, many stars

have told Collins that his

them to get into show

business. The actor, of

course, credits Gonza-

From George Lopez to

influenced

ern "Rio Bravo."

grandfather

Collins

pays

Wayne.

Collins' grandfather Gonzalez Gon-Pedro zalez helped open the doors for Mexican ac-tors in Hollywood, having appeared in numer-

"I try to not fanboy out, but sometimes you can't contain vourself."

lez Gonzalez for inspiring him to pursue his dreams in Hollywood as well.

"He was the one voice that told me I could do it," Collins says.

Another inspiration for Collins has been his Westworld" co-star Ed Harris, who plays

William, the mysterious Man in Black. Collins worked hard to gain Harris' respect during the first season and is honored to have "found a great mentor-ship" in the acting icon.

Like their characters on the show, the duo have become friends in real life too, although Collins admits he's still a bit of fanboy for Harris.

'We're so blessed to be in a business where we get to become friends with people we're also fans of," Collins says. "I try to not fanboy out, but sometimes you can't contain yourself."

Fans can expect Lawrence and William to reunite for more adventures in season two.

In the second season of "Westworld," freedom has a steep price

In an early episode of the second season of "Westworld," Dolores Abernathy (Evan Rachel Wood, in all of her unblemished and bewigged splendor) asks a simple question: "Have you ever questioned the nature of your reality?" "Westworld" — a series that proved in its first season that it is not for the faint of heart — not only questions

the tenets of reality in its sophomore season, but it works to define what a reckoning looks like when the battle is between hosts and humans. As a result? The first five episodes of the series are supremely watchable, the kind that you can't tear your eyes away from. Expect the series to

its innumerable timelines and its essential portrayals of women — namely Wood's Dolores and Thandie Newton's Maeve who fearlessly take the lead, doling out measured comeuppance to anyone who stands in their way. After all, "Westworld" isn't exactly escapist television. But it's one

double down on its labyrinthian mysteries, hell of a ride. RACHAEL VAUGHAN CLEMMONS



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Welcome to Westworld Abernathy Ranch The homestead **Sweetwater** that Dolores and The small-town her father Peter call home to the gala home. massacre — where the hosts went AWOL. What lies beyond Pariah here? Nobody knows -A dangerous border perhaps the oft-teased town populated by Shogun world? Confederados and um, coffin salesmen

HOST or HUMAN

Need a refresh of the characters in the land of "Westworld"? If you're not sure who's who, here's a guide to the most important hosts and humans in Sweetwater and beyond. RACHAEL VAUGHAN CLEMMONS



Dolores

One of Westworld's first hosts who has realized the true nature of the park. Also known by her blood-thirsty alter-ego, Wyatt.



A handsome transient who does a bit of gunslinging, but mostly longs for a simpler life — with Dolores at the center.



Arnold

The long gone Arnold was the co-creator of the park — he often appears in flashbacks and had a close relationship with Dolores.



The head-writer and — pardon our French — resident a-hole of Westworld, Lee is responsible for all of the narratives at the park.



Bernard

Programmer and Head of Behavior at Westworld who was revealed to be a host made in Arnold's image.



Maeve

Former madam at Mariposa. In season two, she travels through the park in search of her daughter.



Dr. Ford

The now-dead creator of the park who is responsible for all this mess, frankly.



Charlotte

The executive director of Delos, intent on getting the park back on track.



Hector

The head of a gang of dangerous outlaws who appears to be enamored with Maeve despite his coding.

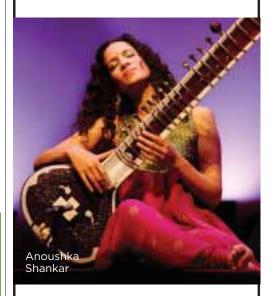


Black was revealed to be William in a later timeline last season. He's ready to play Ford's

game, and he'll go to great lengths to finish it.

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Ravi Shankar's legendary collaborations with Philip Glass are remembered, plus there's the New York premiere of the complete version of Glass's The Passion of Ramakrishna. Anoushka Shankar is also center stage in a performance of her father's music.

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Karen Gillan on her directorial debut between Marvel and 'Jumanji'

From "Selfie" on the small screen to "The Party's Just Beginning."



GREGORY WAKEMAN

After overseeing two shorts and a segment in the horror anthology "Fun Size Horror: Volume 2," Karen Gillan realized that the time was nigh for her to finally make her feature film directorial debut.

"The Guardians Of The Galaxy" and "Jumanji: Welcome To The Jungle" actress knew exactly where she was going to set the film, too. Her hometown of Inverness, Scotland, especially after she had discovered an unsettling statistic about the high rate of male suicides in the area.

Where did the idea for "The Party's Just Beginning" come from?

It's set in my hometown. I knew that I wanted to

write a script and I had recently read a statistic that suicides were significantly higher in that part of the country than the rest of Scotland. I found that so strange because it's such an idyllic place. So this film is my way of examining such a dark



What was the biggest challenge with writing

I was writing about a subject that I hadn't personally experienced. The suicide story is completely fictional. I had to do a lot of research and use my imagination.

But I just wanted to treat the subject matter with respect and sensitivity.

Talk about the different skillset you needed for finding funds for the film. The whole process was so interesting. I am just used to getting hired, jumping into it quickly, shooting it, it disappearing for ages, and then it comes out. So it was amazing to fill in all the blanks of all the months where you're not working on the film. After I wrote the script I paired up with a producer from Los Angeles, and then we just started going to so many meetings for funding. It took us years to get the money. There was one day in London where we literally exhausted ourselves getting meetings. And then finally one of them worked. They wanted to fund our film to support a female filmmaker and I was really grateful for that. But then all of the other challenges were laying ahead of us to actually shoot the movie. And I remember that year I had shot "Guardians of The Galaxy," an indie movie, and then "Jumanji" and then I went straight into directing this. So I was coming off three films back to back, so it was really intense. It was a challenge but it was great.



What was your biggest take away from working as a director?

That I love it so much! It was just the best experience of my life. I felt so stimulateď all day. I'm used to acting in short bursts, having excitement, and then sitting around all day. But with this everyone is looking at you for answers all the time. It took some while to get used to being in a leadership position. But it just felt natural.

What about the biggest challenge of directing? Acting while directing. Which is something I don't think I will do again because it was frustrating. I love working with the actors and talking to them. But I equally loved the visual storytelling of

the film. And I couldn't sit behind the monitor, because I was in front of the camera.

Talk about being in the editing suite.

I realized that my writing has consequences. Like, someone is going to be sat in the editing suite dealing with this, whether it's good or bad. I've written since and I feel like everything has much more clear intention behind it. [Now] I'm thinking, "Why is this here? And what's it going to do to the overall

What are you working on next as a director? Have you asked to direct a Marvel film?

That was obviously my first enquiry. I said,

"What's your next movie? You're going to need me to direct it." I'm still waiting to hear back from them on that [laughs]. No. Directing a Marvel movie feels like a whole different experience. I mean, we shot this in 18 days. I've already written a new script that I probably shouldn't talk about yet. But it's ready to go and hopefully is a progression from the last one. I'm excited. I'm also reading a lot of different scripts that I might direct.

Do you still want to act? Yes. But I'm waiting to see what happens naturally. See what happens next and then go with it.

"The Party's Just Beginning" will screen at the Tribeca Film Festival in New York City

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MoviePass suspends unlimited deal

theaters" still worth it?



Even if we rarely take full advantage, there's something psychologically irresistible about the word "unlimited." Until now, that was the premise of MoviePass, the so-called Netflix for movie theaters: Sign up for the monthly service for a price of \$10 and you can get a ticket to any film every day of the month.

Yes, even the longest months have only 31 days, but that's as good as unlimited. New MoviePass members for the next three months, however, will find themselves limited to just four films. According to BGR, MoviePass has partnered with iHeart-Radio for a promotion that gives new subscribers three months of access to both services for \$29.95, with the caveat that their movie passes are limited to four during that time period.

MoviePass will become "unlimited" again, at the rate of \$9.95 a month, when the promotion ends.

New MoviePass members tend to be the ones most likely to see tons of films - which also tends



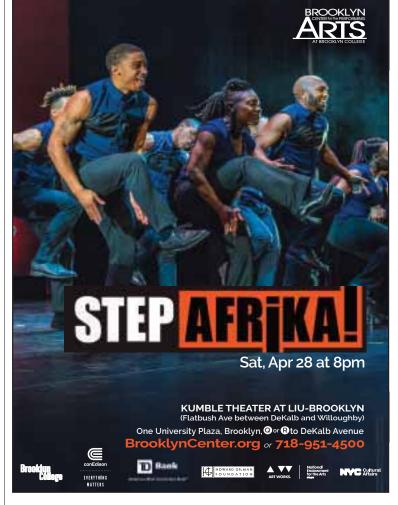
Some AMC theaters were temporarily locked out of the MoviePass app earlier this year, in what some saw as a power move, **GETTY IMAGES**

to eat into company profits. A deep dive by Wired MoviePass how makes money found that it doesn't quite yet. But when users see one or two movies a month, the math works out much better for the company.

In what many in the industry saw as a power move after comments by Chairman Adam Aron, MoviePass blocked 10 popular AMC theaters, including the Times Square location, from its app in January 2018. The theaters were reinstated earlier this month.

The service has signed up more than 1.5 million members since debuting in 2011. But it's facing competition from a rival service, Sinemia, which is priced at \$9 per month, includes access to 3D and IMAX films (MoviePass only includes 2D films), and allows users to buy tickets from home rather than having to go to the theater. The catch is that service limits subscribers to two movies a month.

So is MoviePass still a good deal? A one-month subscription still costs less than a single movie ticket at a New York City theater, so even if you're an occasional user, it remains a great deal. Ultimately, it depends on where you live and how you use the service - and whether the chairs at your local cinema measure up to your sofa.





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which uses a base of clas-

sic London Dry gin and

coolsculpting

boosts the flower power with lavender syrup and adds the fruit of the season with peach bitters, rounding out the flavors with Benedictine, lemon and Angostura bitters. 5 Ave. A, boultonandwathvc.com

Paris Meets Seoul

The East Village's modern Korean-French restaurant Soogil — chef/owner Soogil Lim is an alum of Daniel — finally got its liquor license and has launched a menu of playful twists on classic cocktails incorporating Korean spirits. Perhaps the best example of the restaurant's fun fusion cuisine is the vibrant

blue Paris Meets Seoul, made with Hpnotiq and a Korean spirit called makgeolli, a lightly sparkling unfiltered rice wine, served in an Eiffel Tower-stemmed glass. 108 E. Fourth St., soogil.com



The Swedish Thing

They're always experimenting inside Greenwich Village's old school cocktail den Analogue, and their spring menu is designed to remedy your seasonal woes with ingredients to cleanse

For The Swedish Thing, Tre Stillwagon combines invigorating lemon and ginger with vodka, curacao, aquavit and egg white, garnished with cardamom powder to soothe the palate. 19 W. Eighth St., analoguenyc.com

and energize your body.

The Secret Garden

The West Villages classic New York bistro Left Bank has stuffed an entire bouquet into their new spring cocktails. We're loving the Secret Garden, made with a gin base emphasized by muddled juniper berries, plus fresh mint, elderflower and a homemade hibiscus syrup, topped with prosecco. 117 Perry St., leftbanknewyork.com

Rose Gold

SoHo's Asian comfort food spot Pinch Chinese (with dumplings by a Din Tai Fung vet) has a wine-inspired menu of cocktails, because sommelier Miguel de Leon knows there's no more spring and summer, there's only rosé season. The Rose Gold starts with sparkling rosé, then adds elderflower and rose water, Peychaud's bitters and gold flakes — for the gram. 177 Prince St., pinchchinese.com

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YOUR WEEKEND STARTS NOW



Is Westworld Our Future?

How close are we to robots that can think for themselves? Rubin Museum's fellow David Eagleman also serves as the scientific adviser on the HBO series "Westworld," and he'll be joined by machine learning specialist Pedro Domingos to discuss the practical and philosophical implications of artificial intelligence. The museum is also conducting hour-long special "Westworld"-themed tours called Journey to the Center of the Maze on Friday and Sunday that will "leave you questioning how much you really understand about your own mind."

April 22, 1:30-3 p.m., Rubin Museum, 150 W. 17th St., \$35 with a mimosa, \$25 without rubinmuseum.org

THEATER

"420: The Musical"

On 4/20, what could you possibly want to do more than light up (with joy) and watch a hilarious comedy show in which writer John Kehoe and his co-stars get high (on endorphins) and perform a play about a stoner named Jerry who travels to the Land of 420 to learn some real life lessons — set to music, of course! Free munchies will be provided, of course. April 20, 8 p.m., Unruly Collective, 200 Cooper St., Brooklyn, \$10-\$15, 420themusical.com

COMEDY

Helltrap Nightmare

For a totally different way to celebrate 420, catch Chicago-famous comedy troupe Helltrap Nightmare, whose name helpfully tells you everything you need to know. Pushing the limits of what a person would ever want to see onstage, the underground "freak show" brings together comedy, noise music and performance art in a new kind of horror show. April 20, 7 p.m., Baby's All Right, 146 Broadway, Brooklyn, \$10, babysallright.com

DRINKS

Bronx Brewery Opening Day

Last weekend was a tease, promising sundresses and sandals on the horizon. But after the official Opening Day party at Bronx Brewery this Saturday, we're definitely not turning back. The annual event marks the start of outdoor drinking season, with a party appropriately held at The Backyard. Four DIs will spin day into night, and there will also be two food trucks to keep you steady enough to dance to the

beat while sampling your favorite seasonal brews.

April 21, 3-11 p.m., The Backyard at Bronx Brewery, 856 E. 136th St., Bronx, \$10-\$15, thebronxbrewery.com

Craft Beer Festival

Over 150 beers, ciders, means and more gather for your sampling pleasure at the NYC Craft Beer Festival. There's also an upgraded ticket for a new experience called The Loft, a lounge with a Bloody Mary bar, live music, craft cocktails and a cash oyster bar. April 20-21, Metropolitan Pavilion, 125 W. 18th St., \$55-\$85, nyccraftbeerfest.com

CONVENTION

Hot Sauce Expo

Beyonce carries hot sauce in her purse, and so should you. Find your new fave at the NYC Hot Sauce Expo, where you can sample top brands from across the U.S. plus spicy cocktails, the Guinness Book of Records Reaper Eating Contest and the Chihuahua Beauty Contest. Upgrade to add the Texas BBQ Platter or go full

April 21-22, 10 a.m.-6 p.m., Brooklyn Expo Center, 72 Noble St., Brooklyn, \$10-\$100, nychotsauceexpo.com

ARTS

Boys in the Trees

Cabaret sensation Justin Vivian Bond is known for covering music by women, but got sick of singing songs that moon over boys loved and lost. So instead of singing songs by the people he wants to be, the award-winning transgenre artist has dedicated his latest show at Joe's Pub to songs by the boys he wants to screw. "All the Young Dudes: A Rite of

Spring" ranges from hard rock to boy band pop. The show, "Boys in the Trees," continues with three dates in May.

April 22 & 24, 9:30 p.m., Joe's Pub, 465 Lafayette Ave., \$35, joespub.com

IMMERSIVE IMPROV

"Overheard at Joe's"

Not every night at the local pub lives up to your expectations; often, no matter how many dollars or pints you throw down, it's no "Cheers." But "Overheard at Joe's" takes your standard night out at the bar and ensures a memorable evening. Each show is different: The bartender strikes up a lively, topical conversation with guests, and improv actors in the crowd help move it along. There's always an in-house musician, starting with Michelle Shocked, April 22-May 1.

Starting April 22, McHale's Bar & Grill, 251 W. 51st St., \$44, overheardatjoes.com

TV

"Scandal" finale viewing party

Olivia Pope has come far since crashing onto our screens with her white hat and bleeding heart. She went from a shadow behind the scenes to the woman everyone knows is running the show. But it came at a cost. After 7 seasons, we'll see if our heroine came through with her heart or hat intact. Join the Scandal finale viewing party at Hudson Hotel, enjoying red wine and complimentary popcorn in the lounge before the official viewing in the adjoining Umami Burger.

April 22, 10 p.m., Umami Burger, 358 W. 58th St., free, umamiburger.com

Eat your inspiration

The Brooklyn Museum exhibit "David Bowie Is" didn't just impress the artist himself — it's been a blockbuster hit, drawing in fans of the modern-day Renaissance man with its immersive galleries, interactive objects and never-beforeseen photographs.

The museum's stylish restaurant The Norm has joined in with on-theme bites and drinks plus a collection of iconic Bowie images by longtime collaborator Masayoshi Sukita, and it's adding a themed dinner series for serious foodies with a creative side.

As much as the exhibit is about celebrating Bowie's art, the Man Who Fell to Earth would be most pleased if it inspired the next generation of creatives to make their own — which is exactly what The Norm is seeking to do by "taking" guests to the cities that shaped his life and work.



In a series of four monthly dinners beginning April 22, the restaurant will explore the four major phases of his work with menus inspired by the four cities that influenced him most: Berlin, Tokyo, Philadelphia and London.

The story will unfold over four courses created by The Norm's Michelinstarred executive chef Saul Bolton, who'll be on hand to guide diners through the evening by sharing his inspirations behind each dish, while the museum's director of exhibition design Mat-

thew Yokobosky will offer an in-depth view into the show.

The first dinner's theme will be Berlin Street Food, taking place on Sunday, April 22 starting with a welcome cocktail and a chance to explore the exhibit.

The second dinner on May 20 will be Tokyo-Pop!, then Philadelphia on June 10 and London on July 1. Tickets are \$95 including access to David Bowie Is or \$75 for dinner only. David Bowie Is will be on display through July 15.

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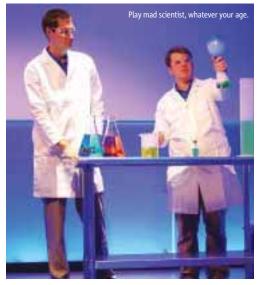
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The Palm Beaches: Where families find fun

You might not think of this part of Florida for a trip with the kids, but you definitely should. RICHARD SILVERSTEIN

Few kids are content with a traditional beach break. You know, lazy days napping in the sand underneath a magazine. They need activities, and hopefully ones that you'll enjoy as well. An expensive theme park isn't your only option, either - here are some awesome ways to spend a holiday with the little ones in the Palm Beaches of Florida.

metr⊕

But first, a bit about the area. The Palm Beaches stretch for 47 miles along the Florida coast and include a network of beach towns including West Palm, Palm Beach Gardens, Boca Raton and more.

from Palm Beach International Airport, a direct flight away.

Now, onto the fun.

Museum of **Discovery & Science**

You'll excuse the adults who show up sans kids to experience the Museum of Discovery & Science (mods.org) this place is engaging regardless of your age (and is a great diversion if you encounter a rainy day and still want to feel beachy vibes as you follow the "Florida Water Story" or, alternatively, hurricane force winds in a simulator).

Take the opportunity

at the Storm Center, and make your own clouds. Not enough time to make it to the Everglades this trip? They feature a virtual reality boat tour that brings the region to life in a fun way. And if your family's animal obsessed every box is ticked - turtles, bats, snakes, tiny gators, adorable otters and sharks are all on display, and some even tour the floor so you can interact with them.

Did we mention the flight simulator? And the largest IMAX theater in this part of the state? They've got those, too. All in a family-friendly environment where you can let the little ones loose to explore, play and learn.

Where to eat

We say that kids are "picky eaters," but adults can be just as particular. If your family's got

differing

tastes so

are best catered to by a wide range of options, stop by Ichiyami Buffet and Sushi in Boca Raton (ichiyamisushi.com). They've got over 200 items, and though they specialize in all things Asian there's something for everyone, and for an all-you-care-to-eat experience the price is a total steal.

Looking to get your hands dirty? Mississippi Sweets (also in Boca Raton, mississippisweets bbq.com) will leave your lot with sticky fingers and full bellies of BBQ, wings, waffle fries and other southern staples. And there's sweet tea for the tots, and Mississippi

kids (over 21, that is!). And now it's finally nap time.

Where to stay

Waterstone Resort & Marina Boca Raton (waterstoneboca.com) is one of the top-rated properties in town. It capitalizes on it's waterfront — think rentals of stand-up paddle boards and jet skis, sunset catamaran trips, family cabanas, fishing charters, and shuttles to and from a nearby beach for snorkeling adventures - and is both kid and canine-friendly (just be sure to call it a "support animal" to get your fur



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Drive to Hvar, but

Roadtripping Croatia

Yes, "Game of Thrones" put it on the map, but there's plenty more to discover on a road trip along this beautiful European coastal nation.

FodorsTrave

Day 1

Dubrovnik's a tourist trap, so you'll want to explore the narrow side alleys with steep stairs and dark passages to meet some actual locals.

Croatia has three Michelin-starred restaurants and one of them is in Dubrovnik. Set atop the city's defensive Wall, Restaurant 360 has an impeccable view. For a drink with actual locals, head to Caffe Bar Libertina.

Day 9

Head to Dubrovnik's ancient Wall and walk the whole 1-plus miles early in the morning.

Various passageways will lead you from the city toward the cliffs that overlook the Adriatic. But here's what's so wonderful about these gorgeous perches: They're bars! Head to either (or both) Buza and Cafe Bar Bard for some, or many, drinks.

Day 3

It takes roughly three hours to drive to Split. Welcome to this weird town! Pass the Communist-era architecture and keep driving to the sea. Leave the car at the hotel and enter Diocletian's Palace.

Don't think of it as a museum, but as a district built by the Roman emperor. For a seafood feast, head to Nostromo inside the

palace. For a digestive, hang out with tourists at Bar Luxor. Really. The setting is pure magic.

Day 4

Head up Marjan
Hill for a two-hour
hike punctuated by a
stunning lookout vista.
Afterward, head to Kasjuni Beach and bathe in
the Adriatic.

Upon returning to the city, pull up a chair at Uje Oil Bar for dinner, known for its wide selection of locallysourced Dalmatian cuisine. Day 5
Hvar
today! Be
warned
that during
the high

season (June to August), Hvar becomes a playground of champagne-chugging, EDM-listening naughty yachties. The rest of the year allows you to stroll the main promenade, the Riva, and take in the beauty.

Afterward, head to Hula Hula Bar, though not for eating. It's right on the water — you're certain to get wet if the surf is rough — and the drinks are strong.

For dinner, definitely go to Dalmatino, which is certainly the best restaurant on the island. The ingredients are exquisite and the entrees are surprisingly inexpensive.

Day 6

Get on that Jadrolinja ferry back to Split, then drive to Plitvice Lakes — an awe-inspiring national park.

Before settling in, take a side trip to Bosnia. The border is only 5 miles away but the food is infinitely better. Head to the town of Bihac, following the bends of the Una River to Restaurant Kostelski Buk.

Day 7

Next up? Rovinj for some serious eats at Monte in this charming Istrian fishing village. Its fields are a maze of vineyards, producing impeccable wines.

Seven days isn't really enough, but you'll get a good feel of this gloriously alluring country.







TONIGHT'S GAMES

MLB





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7:35 PM SNY TV 710 WOR RADIO

NBA PLAYOFFS





76ERS AT HEAT SERIES TIED 1-1 7 PM (TNT)





BLAZERS AT PELICANS NOP LEADS 2-0 9 PM (NBA TV)



WARRIORS AT SPURS GSW LEADS 2-0 9:30 PM (TNT)

NHL PLAYOFFS





BRUINS AT LEAFS BOS LEADS 2-1 7 PM (NBCSN)



CAPS AT BLUE JACKETS

CBJ LEADS 2-1
7:30 PM (USA NETWORK)

Mets miss chance to bury Nats early

In almost typical fashion, the Mets have blown a big opportunity to build a comfortable lead in the NL East.



Just when there was a glimmer of hope that the New York Mets were going to surprise the baseball world and build an enormous divisional lead in the National League East, the Washington Nationals came to town.

And then the wheels fell off.

The Mets dropped their first series of the year, questionable managing pairing up with an inability to execute in key situations, something the team had done so often during its 12-2 start, the best in franchise history.

Entering this week's

Entering this week's series against the Nationals, tabbed the divisional favorites entering the season, the Mets had a chance to make an even bigger statement by pushing their rivals further down the standings. Prior to Monday night's series opener, the Mets held a six-game lead over the Nats, which meant



Some difficult losses to the Washington Nationals ensured the Mets wouldn't build a big lead in the NL East. GETTY IMAGES

another sweep — New York took all three games against Washington in the nation's capital last weekend — would have built their advantage to a sizeable nine games.

The chance was there considering Washington was without Daniel Murphy and Anthony Rendon, two of their best hitters behind star Bryce Harper.

And after Jacob de-Grom's stellar seven innings on the mound, the Mets had a seven-game divisional advantage in the bag thanks to a 6-1 lead. But deGrom was pulled with one out in the eighth and manager Mickey Callaway played musical chairs with his overworked bullpen, using four relievers in an attempt to stymie a Nationals rally.

It didn't work. Washington scored six in the eighth and another in the ninth to steal an 8-6 win, a true gut punch to a Mets team that was soaring to start the year.

Things didn't get better on Tuesday night as the Nationals ensured that New York would lose its first series of the season, a 5-2 decision once again raising questions about Callaway's decision making.

It was the bottom of

the sixth inning and the Mets had clawed their way back from a 3-0 deficit to make it a 3-2 affair against Gio Gonzalez, a pitcher that has regularly dominated at Citi Field.

With runners on first and third and just one out, Callaway chose to pinch-hit Jose Reyes to pinch hit for Zack Wheeler. The veteran switchhitter was the Mets' only right-handed bat to face the southpaw, Gonzalez. But Washington went to the pen and brought in another lefty in Sammy Solis, who actually fared worse against left-handed batters (.227) than he did righties (.218).

Callaway stayed with Reyes, who was 0-for-16 to start the season while looking completely lost in the process. There were plenty of other options on the bench, even if they were all left-handed. Brandon Nimmo, Michael Conforto and Adrian Gonzalez — bats that have actually produced this season — were available to pinch hit in such a crucial situation.

Instead, Reyes didn't reward his manager's faith as he was unable to get the tying run in, striking out in feeble style. Amed Rosario ended the inning with a popout.

It was the closest the Mets would get as the Nationals put across two more runs to secure a second-straight win.

These were two winnable games. Two games that would've built the Mets' lead to a hearty eight games in April. Instead, the shorthanded Nationals leave Queens with a much slimmer advantage which could come back to haunt the Mets in six months.

Don't ever say games like these don't matter in April. And after everything he touched turned to gold over the first 14 games of the season, Callaway has encountered his first true speed bump as an MLB manager.

Is Stanton allergic to Yankee Stadium?

Giancarlo Stanton's career with the New York Yankees has not gone to plan.

The reigning National League MVP, coming off a 59 home-run season in the expansive Marlins Park, was traded from Miami to the Bronx where he would call the hitter-friendly confines of Yankee Stadium home.

Yankees fans and home run connoisseurs alike salivated over the idea of Stanton playing in a ballpark that has had over 1,000 round trippers hit over its fences in the past five years alone.

But Stanton has experienced a dreadful start to his Yankees career, slashing .197/.203/.409 with three home runs, 10 RBI and a whopping 29 strikeouts in 16 games.

Those struggles are the face of New York's medio-

cre 8-8 start, a record that already has placed it six games back of the American League East-leading Boston Red Sox.

It's becoming clear that Yankee Stadium is becoming a house of horrors for the 28-year-old, which is not a good omen for the Bronx Bombers especially after he went 0-for-7 with four strikeouts against the Marlins earlier this week.

Now Aaron Boone is considering moving him down in the lineup to take some of the pressure off. Unfortunately for Stanton, he's facing the next eight games in the Bronx which means he has to figure this out quickly or Yankees fans might start burning his jerseys in the bleachers along with their serenade of boos that have become so common. JOE PANTORNO

A BRONX (HORROR) TALE

LOOKING AT GIANCARIO STANTON'S 2018 HOME AND AWAY SPLITS



Predicting Giants future before NFL Draft

Metro breaks out its crystal ball to see what the Giants might do in the coming weeks.



We are now roughly a week out from the NFL Draft and there is no clarity for the New York Giants at the top pick. Unless, of course, you have a crystal ball.

Which we here at Metro happen to have.

NO TRADE OF OBJ

Now, should the Giants be in the market to trade Odell Beckham Jr.? If the right deal is there, yes, absolutely they should. The Giants star has proven to be problematic and is coming off a seasonending knee injury in 2017. The headache that is Beckham is certainly

worth it (most of the time) as he is crazy, ridiculously talented.

But if the Giants can get multiple first-round picks in return, then yes, they should be open to trading OBJ.

Yet no team is likely to pay that price which means the Giants will not panic and won't just deal away the game's best wide receiver for peanuts. But given a possible holdout next year, even if the Giants franchise tag Beckham, it is still not a foregone con-clusion that Beckham will be a happy camper next year.

The crystal ball sees clearly that as things stand right now, that Beckham will be a Giant

LOOKS LIKE A TRADE ...

While Beckham won't be traded away, it doesn't mean the Giants won't be in the market for a



He could try all he likes, but Odell Beckham Jr.'s guess of the Giants' future is as good as ours. GETTY IMAGES

Sitting at No. 2 and with holes all over the field, the crystal ball sees the Giants seriously entertaining a trade for that pick. With needs along the offensive line and in the secondary, not

to mention another pass rusher, the Giants could use multiple draft picks on Day 1 and Day 2 to accelerate this rebuild.

The crystal ball isn't showing clarity on this but the image looks a

bit like a chicken wing, which we can assume only means Buffalo... as in the Buffalo Bills. Don't be surprised if New York's upstate team tries very hard to move up in the draft and get the No.

2 spot.

HOG MOLLY

The crystal ball is clear on one thing, that the Giants will invest an early draft pick on the offensive line.

Easily the weakest unit of the team, New York (finally) invested in the line this year, namely adding left tackle Nate Solder. But more help is needed.

At least one pick by Day 2 will be used on the offensive line, the crystal ball says. The Giants have long ignored the line in the draft since taking Ereck Flowers in the first round in 2015. They need more help there.

Look for UTEP offensive lineman Will Hernandez to be the pick if he is there at the start of the second round. He is the second-best guard in the draft after Jersey's own Quenton Nelson.

An instant draft-andplay scenario.











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Use your career skills or develop new ones to make a difference in a healthcare setting

Thursday, April 19, 2018 When:

Time: 2:00 - 5:00 PM

Location: Harlem Hospital Center 506 Lenox Avenue, MLK -

2nd Floor Art Gallery (between 135th & 136th St)

RSVP-212-889-4805 or www.volunteer-referral.org

ADMISSION IS FREE

Professional

Financial Analyst (NYC):

Conduct fundamental research on equity market, prepare research reports. Perform complex financial modeling and valuation; provide recommendations investment and trading strategies in making investment decisions. Req.: Master or equiv in Analytical Finance, Economics, Business Admin or related, strong skills in advanced Excel, performing analysis of equity securities, and quantitative financial analysis: in depth knowledge of financial market and portfolio management.

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LEGAL NOTICES

NOTICE OF PUBLIC HEARING

NOTICE OF A FRANCHISE AND CONCESSION REVIEW COMMITTEE (FCRC*) PUBLIC HEARING to be held on Monday, May 7, 2018, commencing at 2:30 PM at 2 Laboyate Steat, 16* Floor Auditorium. Borough of Manhatter, retaining to: a proposed ascend amendment to a public communications attaches trachise agreement between the City of New York and Chythidge, LLC (Chythidge) first will modify (1) the schedule and deployment of Shustane, 10 the provision of anothery services, and (4) the training of franchise compressation payments.

Acopy of the proposed second arrandoment may be viewed by appointment, at the Department of Information Technology and Teleconversations, 2 Matchach Center, 4° Proc. Brooklyr, NY 11201, continuenting April 10. 2018, frequiry May 7, 2018, deciding Saturdays, Sundays and holidays. Paper copies of the proposed second amendment may be obtained, by Appointment, at a cost of \$2.50 per paper. All payments shall be made at the time of pickup by check or increasy order made payable to the New York City. Department of Finance. The proposed second amendment may also be obtained by PDF both at no cost, by shrall respect. Interested parties should contact frachisestrioglobal reposition or request an appointment of a PDF both at no cost, by shrall respect. should contact frenchise POF of the amendment.

NOTE: Individuals requesting sign language interpreters or any other accommodation of disability at the public hearing should contact the Mayor's Office of Contract Services, Public Hearing Unit, 253 Broachery, 9° Place, New York, New York 19007, (212) 788-0010, no later than SEVEN (7) BUSINESS DAYS PRISR TO THE PUBLIC HEARTING. YDD users should call Verticon relay service.

The Hearing may be cablecast on NYCMedia channels.

NOTICE OF SALE

SUPREME COURT QUEENS COUNTY U.S. BANK NATIONAL ASSOCIATION, AS INDENTURE TRUSTEE, SUCCESSOR IN INTEREST TO BANK OF AMERICA, NATIONAL ASSOCIATION, AS INDENTURE TRUSTEE, SUCCESSOR BY MERGER TO LASALLE BANK NATIONAL ASSOCIATION, AS INDENTURE TRUSTEE FOR AFC TRUST SERIES 1999-2 Plaintiff against JOANNE NEWBOLD, et al Defendants. Attorney for Plaintiff(s) Fein Such & Crane, LLP 1400 Old Country Road, Suite C103, Westbury, NY 11590 Attorney (s) for Plaintiff (s). Pursuant to a Judgment of Foreclosure and Sale Entered February 5, 2018 I will sell at Public Auction to the highest bidder at the Queens County Supreme Court, 88-11 Sutphin Blvd., Jamaica, New York 11435. in Courtroom #25 on April 27. 2018 at 10:00 AM. Premises known as 84-10 101st Street. Unit 4K Richmond Hill NY 11418. Block 9177 Lot 1074. ALL that certain plot, piece or parcel of land, with the buildings and improvements thereon erected, situate, lying and being in the County of Queens, State of New York. Approximate Amount of Judgment is \$52,133.35 plus interest and costs. Premises will be sold subject to provisions of filed Judgment Index No 8513-13. Barry M. Goldstein, Esq., Referee SPS.IN306

NOTICE IS HEREBY GIVEN that a license, Number Pending, for On Premise Liquor has been applied for by the undersigned to sell Liquor, Wine, Beer & Cider at retail in a Restaurant, under the Alcoholic Beverage Control Law at 10 Columbus Circle, Unit R#1 3rd FL., New York, NY 10019. New York County, for on premises consumption. D & D Time Warner LLC d/b/a Bluebird Café.

NOTICE IS HEREBY GIVEN that a license, Number Pending, for On Premise Liquor has been applied for by the undersigned to sell Liquor, Wine, Beer & Cider at retail in a Restaurant, under the Alcoholic Beverage Control Law at 250 Vesey Street, Store # 102 New York, NY 10281. New York County, for on premises consumption. S Big Swing LLC d/b/a Seamore's.

NOTICE OF FORMATION of November Ventures LLC.

Articles of Org. filed with the Secy. of State of New York (SSNY) on 03/06/2015. Office location: New York County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 25 Fort Washington Ave., Apt. 5C. New York, NY 10032 Purpose: Retail

NOTICE OF FORMATION of Cristo Rey Barber Shop, LLC. Articles of Org. filed with the Secy. of State of New York (SSNY)

on 02/15/2018. Office location: New York County. SSNY is designated as agent of LLC upon whom process against it may be served SSNY shall mail process to the LLC c/o 137 East 110th Street. Front 1, New York, NY 10029

Purpose: Barber Shop.

NOTICE IS HEREBY GIVEN that a license, Number Pending, for On Premise Liquor has been applied for by the undersigned to sell Liquor, Wine, Beer & Cider at retail in a Restaurant. under the Alcoholic Beverage Control Law at John F. Kennedy International Airport, Terminal 1, Gate 10 Departures, Jamaica, NY 11430. Queens County, for on premises consumption. M & R JFK1 JV, LLC d/b/a

NOTICE IS HEREBY GIVEN that a license, Number 1309329 for On Premise Liquor has beer applied for by the undersigned to sell Liquor, Beer, Wine & Cider at retail under the Alcoholic Beverage Control Law at 36-17 Greenpoint Ave., Long Island City, NY 11101. Queens County, for on premises consumption. Thai Tree Inc. d/b/a Thai Tree.

Untown Market

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LEGAL NOTICES

NOTICE IS HEREBY GIVEN, PURSUANT TO LAW, that the NYC Department of Consumer Affairs will hold a Public Hearing on Wednesday, May 2, 2018 At 2:00 p.m. at 42 Broadway, 5th floor on a petition for Dez Mulberry LLC to establish, maintain and operate an unenclosed sidewalk cafe at 227 Mulberry St. in the Borough of Manhattan for a term of two years.

REQUEST FOR COPIES OF THE REVOCABLE CONSENT AGREEMENT MAY BE ADDRESSED TO: DEPARTMENT OF CONSUMER AFFAIRS, ATTN: FOIL OFFICER. 42 BROADWAY, NEW YORK, NY 10004

NOTICE OF FORMATION

of Concrete Jungle Dreams Consulting LLC. Articles of Org. filed with the Secy. of State of New York (SSNY) on 02/28/2018. Office location: New York County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 654 West 161st Street, Suite 3G, New York, NY 10032. Purpose: Consulting.

NOTICE OF FORMATION

of Piscean Butterfly LLC. Articles of Org. filed with the Secy. of State of New York (SSNY) on 01/24/2018. Office location: Bronx County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 1202 Spofford Ave., 5A, Bronx, NY 10474. Purpose: Entertainment management.

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New York Thursday, April 19, 2018



ACROSS

15 Latest

18 Witness

21 Portent

1 Morning sounder

10 Really nice people

14 Purplish flowers

16 Fabled sailor

19 On the briny

23 Parent's order

29 Mythical archer

35 Thames school

33 Hayworth or Rudner

24 – es Salaam

26 Pats (on)

31 Scarlet

12 What Godzilla inspires

6 Liahtbulb unit

metro.us/crossword

36 Trend 37 Chowder morsel

38 Pretty soon

40 Grassland

42 Econ. indicator 43 Arrovo

45 Frosted

47 Signs off on 50 Big Bird's street

52 Sandpaper grade

54 -- one's time

58 Gullet

59 Traps

60 Stead

61 Persona non --

DOWN

1 Gleeful cry

2 – Alamos

3 Aardvark morsel

4 Ms. Witherspoon

5 Vast number

6 Uprooted

7 Orbit segment

8 Three, in Bolivia

9 Tint or shade

11 9-digit ID

12 Bloke's streetcar 13 Country addr.

17 Type of aurora

19 Large artery

20 Faint with pleasure

22 DEA operative

23 Once named

25 Canine comment 27 Worthless talk

28 Easel, for instance

30 Powder, to skiers

32 Ike

34 Current meas.

39 Bahamas resort

41 Drawing a bead on 44 Bug repellent

46 Closet liner

47 Opal mo.

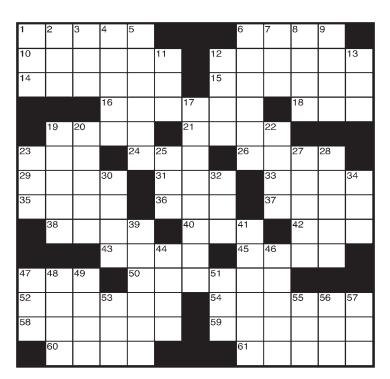
48 Ancient cosmetic

49 Delhi attire 51 Tummy muscles

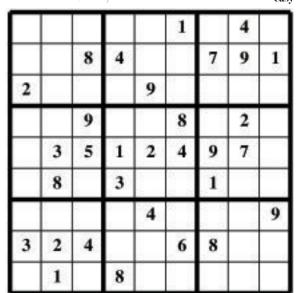
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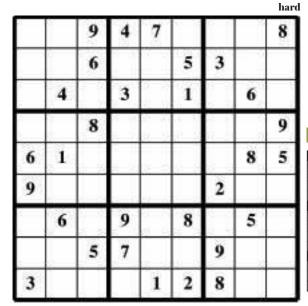
55 Novelist -- Levin 56 Soccer goal

57 Fed. property manager



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Aries There are no shortcuts if you want to get things done right the first time. Size up your workload and manage your time with precision and firmness.



Taurus An opportunity will intrigue you. Consider the pros and cons and what it will take to initiate a positive change. Trust and believe in yourself, and present what you have to offer.



Gemini It's important to keep your story straight. If you exaggerate or lead someone to believe you are willing to do something you are not, you will end up looking bad.



Cancer Know what you want, and don't let anyone manipulate you or put you on the spot. Control the situation instead of letting it control



Leo Don't expect to get the best price or be told the truth when someone is asking for your help. Your generosity will be taken advantage of if you are gullible.



Virgo A sensitive situation surrounding a partner must be addressed diplomatically. Look for the perfect moment to make your point without hurting someone's feelings.



Aquarius Stick close to home and iron out any difficulties or changes you want to make. Discussions will lead to solutions and positive changes that put your mind at ease.

Libra Don't trust what others tell you.

make changes that can disrupt impor-

tant relationships. Take your time and

Scorpio A change may appear to be

favorable, but go over the fine print

before you take part. Play it safe and

get what you want in writing before

downtime with a loved one. Spending

time together will help you iron out

any conflicts you may have with each

Capricorn You'll have to ask direct

questions if you want to hear the

truth. Someone will distort a mes-

sage or mislead you. Being together with someone isn't recommended.

Sagittarius Make plans to enjoy

only pursue what's feasible.

you proceed.

Get firsthand information and don't



Pisces Don't be too trusting. Someone will exaggerate or offer a false impression regarding a deal or purchase that he or she wants you to buy into. **EUGENIA LAST**



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